



# June 2014 USE Newsletter

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**Please note our new email address for Reston USE (as shown above): [restonusetimebank@gmail.com](mailto:restonusetimebank@gmail.com)**  
*(After July, only this email will be monitored, so please spread the word.)*

## Farmers Market Report

We are so glad to have a spot at the market — and a good one at that! Our thanks to Eve Thompson for her friendly help in getting us started. We are set up near the new cat clinic and across from the Community Center. Our generous market helpers, besides have been: **Vilma Musk, Daphne Holmquist, Cenie Edelman, Alice Markham, Ellie Fusaro, Elli Marlow, Ralph Greenwood, Alan Krishnan, Emelia Mensah, Ruth Sievers, Sally Carter, Janet Cochran, Cherie de Souza, Lynn Royal, Ann Webster, Christa Newton, Gail Vogel, Marie Webster, Nancy Davis, Steve Hanft, Debbie Aschenback, Pauline Vasquez, Mary Buff, and Kari Uman.** Vilma has been a super trouper, showing up four Saturdays in a row at two hours a pop, and then a fifth time just before leaving town for a few weeks. Thanks also go to Mark Menzer, who filled in to set up and break down when Dave and Kathy Bush were away.

## Farmers Market helpers are *needed and welcome*.

We plan to be at the market until it closes in early November, and **Barbara Berlage** is calling around to fill the schedule. We have hourly shifts at 9, 10 and 11 a.m.; the market closes at noon. If you can spare an hour, or even two as some volunteers have done, just say "YES" when she calls you.

Also, we could still use a strapping fella or two to help with setting up and breaking down our market table. We have a particularly heavy umbrella stand that's the main concern. It's a matter of a few minutes around 7 a.m. and again around noon. Come on guys — even once is a big help!

We've had a good bit of interest and are giving away quite a few new applications as well as our informational rack cards.



Ruth Sievers stands to the right of her new eye-catching poster at the Reston Farmers Market, while her husband Steve Hanft peeks playfully from behind it. Kathy Bush is on the left. (Photo by Dave Bush)



## **SAVE THE DATE:**

**Saturday, Sept. 27th**

## **for the USE Fall Picnic/Meeting**

**Early July is a great time to mark your calendars for this enjoyable get-together.** This year our site has a

**LARGE, UNDER-COVER PAVILION** with electricity, lights, water, three large brick barbecue grills, two portable restrooms, ample picnic tables, a tot lot and plenty of parking. We are ready for whatever the weather brings us, and we *WILL* party on!!

**Time: 4:00 p.m., Location: North Hills Picnic Pavilion, North Village Road & Hollow Timber, Reston.**

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## **Transition Time for the USE Board**

Our Time Bank needs at least FIVE more members for the Board of Directors to help build our community and ensure a vibrant Time Bank. **We hope to have all positions filled by September 1st.**

Current vacant positions include those of: **Vice President, Secretary, Marketing and Communications Chair, Technology Chair, and one or two at-large positions.** The Board meets monthly. To learn more about the Board and/or express your interest, please contact any of the current Board members: Cheri Wubbels, President; Kathy Bush; JoAnne Norton; Tim Finefrock; Saima Hedrick; Ellie Fusaro or Malaika Walton.

The next Board meeting should be held on Thursday, July 17th, at 7 p.m. Meeting confirmation and exact location TBD — not confirmed yet. Contact a board member if you wish to attend.

## Focus on Current Members:



### Welcome Layla Jade!

Our president, Cheri Wubbels, is now a great-grandmother! Layla Jade was born on Friday, June 27th, at 12:12 p.m. She weighed in at 7 lbs., 10 oz. Mother Courtney and daughter are both doing fine.

## Transactions to highlight:

- **JoAnne Norton** spent a couple hours taking care of the **Worrell's** children. JoAnne commented: "The boys took me to a lovely stream and let me play with their Lego Blocks. Thanks!"
- **Mark Menzer** helped **Laura Gutnick** with some handyman work. Laura commented, "Mark is great. Cleaned my deck furniture and adjusted a sliding screen door in the heat."

**Mark** also helped tutor a USE high school student for her math final exam, which she happily passed.

- **John Lovaas** helped **Sue Beffel** with her garden. The results are shown here.



**If you have a special event or transaction** that you would like to share with other USE members, please get in touch with me, Kathy Bush, at 703-435-6283 or [mkbwrk1@hotmail.com](mailto:mkbwrk1@hotmail.com), or Cheri Wubbels at 703-742-9182 or [mediavip@aol.com](mailto:mediavip@aol.com).

## Welcome new members!

- **Lesla and Kira Schmidt:** The Schmidts offer Cooking skills, Lend/Share; Party Planning; Pet Care; Plant Sitting; Rides; Sewing; Shut-ins; Telephoning; Travel Advice; Tutoring.
- **Barbara Wollison:** Barbara offers Organizational skills and Rides.
- **David Brown:** David offers Canoe Instruction on Lake Anne; Canoe Trip Planning; Introduction to White Water Canoeing skills; Nutritional Planning.
- **Sarah and Henry Teagle:** (Available skills to come.)
- **Naveen Srinivasan:** Naveen offers Computer Assistance.

If you would like to contact these new members, try Facebook or send an email to [restonusetimebank@gmail.com](mailto:restonusetimebank@gmail.com).

**NOTE: If you stay connected with USE via our private Facebook site** and are not getting e-mail reminders about postings, you are not alone. Lately several people, including several USE members, have mentioned having the same problem — a glitch we non-technical people haven't figured out how to solve. (I know I have checked the appropriate checkboxes numerous times to no avail.) One solution could be to remind yourself to look into the site a few times a week so you can keep up with activity there. Maybe a tech-savvy USE person has a solution to offer - ?

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## **Remembering Jeanette Benedicto**



**We miss your smiling face, Jeanette.**

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## **NV RIDE-SHARE PROGRAM**

According to Ellie Fusaro, our liaison person to the NVRides program, volunteer driver opportunities may be soon be available to USE members who wish to participate in a program specifically designed to provide rides to seniors. This is a much more structured program than we have in USE. Drivers would be vetted, rides would be scheduled through a coordinator, and the administrative costs would be funded by money from grants. The coordinator would be key, listing the rides, and volunteers would respond directly online to offer the rides. Watch for more information on this if you are interested.

## **USE as a Model for Other Communities**

There seems to be considerable interest in looking at USE as a model for other communities concerned with helping older people remain in their homes while still getting the services they need. Along these lines, HVN asked Cheri Wubbels to present the USE Time Bank model at a public information meeting at the Herndon Senior Center on June 5th, given by the Herndon Village Network (HVN). Cheri, Ellie Fusaro and Kathy Bush attended.

The network will be connecting first with NVRides and provide a rides program specifically for seniors. However, eventually they plan to move into what they hope will be more of a USE-like neighbor-helping-neighbor volunteer program but still geared toward seniors.

**Coming in the next newsletter: JoAnne Norton will report on Time Banks around the U.S. and around the world.** JoAnne has spent a great deal of time researching this growing trend. JoAnne and other board members are working to get USE more up-to-date and to make our organization more member-friendly based on other Time Bank models. Watch for this and further information to come.

**A thought about the dollar value of USE membership**  
**Take a moment to remember one reason why you joined USE ... compare the cost of USE membership against the cost of having a job done by a professional. Immediately, it is obvious that the \$10 or \$20 per year invested in USE is more than worth it. -Cheri Wubbels**



***Have a Great Summer!***

***Look for the next newsletter in August – We're taking an editorial break for a few weeks. -kb***